



Rhonda Byrne
Creator of *The Secret*

The Secret Success
Blueprint



Recording Link: <http://TheStoryBehindTheSecret.com/step3.html>

When Rhonda encountered some of her biggest problems in creating *The Secret* they were related to money. How did she handle the problems and manifest the millions it took to make the film?

How can I apply similar principles to my biggest problems?

What does Rhonda say about using the phrase “I Am”?

The Top 5 “I Ams” I use the most are:

1. _____
2. _____
3. _____
4. _____
5. _____

Now put a check mark next to the ones that serve you, then cross out and rephrase the ones that don't into new empowering “I Ams.”

Circle the item that most closely matches what Rhonda says **the role of “taking action” is in manifesting your vision?**

- a) Sit on the couch and wish for what you want. The genie will appear and give it to you.
- b) Visualize the outcome you desire, feel the feeling of having it, and take whatever action it takes to put you in alignment with that outcome on a thought AND feeling level.
- c) Write down your goal, think positive thoughts, say affirmations, and work yourself to the bone – then and only then will it show up.

What does the answer you selected mean to YOU? How does it make you feel?

When you’re speaking and thinking of your desired outcome – your dream or vision – **is it important to use the present or future tense?**

What are you **telling the Universe when you use the present tense?**

What are you **telling the Universe when you use the future tense?**

What did Rhonda say the difference is between **Gratitude from the Heart, and the Lip Service of Gratitude?**

What practice does the staff of The Secret do every morning before they start their work day?

Would that be of value for YOU to do?

My Top 5 Ahas and Inspirations from this call are:

1. _____

2. _____

3. _____

4. _____

5. _____

**My Next Steps in manifesting my OWN Dreams
& Vision are:**

1. _____

2. _____

3. _____

4. _____

